



MADE FOR MORE

Made For More - Week 5

Message Discussion Questions

Introduction:

This week Matt continues a new series called 'Made for More'. During this series we will be looking at seven lies that the enemy fires our way to separate us from God. This week Matt talks about the lie of Loneliness.

Do you struggle with Loneliness? Have you tried the friendship thing before and decided that it just doesn't work? Have you accepted the lie of the enemy that you're fine being alone, that you don't need anybody else, that you can do life all by yourself?

Questions:

1. Seclusion Conclusion #1: "If you let people in, sooner or later they'll hurt you." How is this a dangerous contribution to isolation and the lie of loneliness?
2. Seclusion Conclusion #2: "If you're going to survive in life, you can't trust anybody." How can putting up walls to protect yourself from getting hurt work against you and the need to have friends that you can trust?
3. Seclusion Conclusion #3: "People really don't care about you." What happens when this sets in and begins to harden your heart? What happens to the light of God in your life?
4. If improving your Social Fitness is very important to your overall health, why is being part of a church like being part of a building? How important is the support that you can get from the church? What's the value of being joined together? Ephesians 2:19-22; 1 Thessalonians 5:11; Ephesians 4:29-32

5. To improve your Social Fitness, how is being part of a church like being part of a body? What makes a church a living, breathing, growing thing? Why is your part of the body so important? Do you know how much you need each other? What happens if you don't do your part? Romans 12:4-5
6. As a key element of your Social Fitness, why is being part of a church like being part of a family? What can the church provide for 'one another' that makes you part of a family? What is required for church to act like a family? 1 Timothy 3:15; Romans 12:10
7. Would you agree that there are three pieces of glass that may have isolated you from meaningful relationships? How do the smartphone screen, the TV screen and the windshield screen interfere with relationships and contribute to your loneliness? Do these screens prevent you from being intentional in your relationships?

Key Takeaway: *Do you have a tribe? Find a few people that you can do life with and nurture a deep relationship with, only then can you break free from the lie of the evil one, step out of the darkness of loneliness and experience connection. Experience the life God created you to live. God said, It's not good for man to be alone!*

Summary:

- Seclusion Conclusion #1: "If you let people in, sooner or later they'll hurt you."
- Seclusion Conclusion #2: "If you're going to survive in life, you can't trust anybody."
- Seclusion Conclusion #3: "People really don't care about you."
- Improving your Social Fitness: Being part of a church - It's Like Being A Part of a Building
- Improving your Social Fitness: Being part of a church - It's Like Being a Part of a Body
- Improving your Social Fitness: Being part of a church - It's Like Being a Part of a Family
- Three Pieces of Glass that contribute to loneliness:
 - The Smartphone Screen
 - The TV Screen
 - The Windshield Screen